

2019 オーストラリア海外研修

報告集



兵庫県立三田祥雲館高等学校国際交流協会

Hyogo Prefectural Sanda Shoukan Senior High School Cross Cultural Association

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「2019 オーストラリア海外研修 報告集」 発刊に寄せて

兵庫県立三田祥雲館高等学校長 加 嶋 幸 彦

2019 (令和元) 年度のオーストラリア海外研修が無事終わり、このように報告集を発刊する運びとなりました。今年度は、本校17回生(2年次)、18回生(1年次)の計43名が参加し、西オーストラリア州パース市において、天候に恵まれ温暖な気候の中、予定通り研修プログラムを実施し、所期の目的を達成することができました。

この研修は、2007(平成19)年度、育友会、同窓会、本校が協力して国際交流協会を発足し、翌年の2008(平成20)年度には、同協会が主催して、初めて実施されました。記念すべき第1回研修は、すでに先進的に取り組んでいる県立高砂南高等学校と合同実施となり、本校から19名が参加し夏季休業中のうち10日間を研修期間に充てました。研修の初日、パース市到着後宿泊したところが、ホテルというよりまるで倉庫のような所に宿泊したようです。しかしながら、西オーストラリア州立大学での語学研修やホームステイ、地元の高校生との交流、パース市長訪問など、スケジュールを順調にこなし、帰国後、夏休み明けの全校集会では、参加者が研修報告をしていました。

2009(平成21)年度の第2回研修は、新型インフルエンザが全国的に拡大し、残念ながら中止となりましたが、その代わりに「国際交流ツアーin京都」を実施しました。近隣校のALTに協力をお願いし、英語を使って交流する楽しい事業となりました。

2010年(平成22)年度からは、本校が単独で実施できるようになり、以来、毎年少しずつ工夫・改善を加えてきました。例えば、研修期間を10日から14日、2014(平成26)年度には、16日間と増やし、文部科学省の「短期留学チャレンジプラン」の助成を受けることができ、生徒の渡航費用の負担軽減が図られました。スーパーサイエンスハイスクール(SSH)第1期5年目にあたる2013(平成25)年度には、新たに「SSH科学研修」が企画され、現在の研修の原型が構築されました。2017(平成29)年度には申込者少数のため科学研修の実施は見送られましたが、翌年、2018(平成30)年度には、リニューアルして再び2コースで実施されました。

今年度は、事前研修の日数を増やすとともに、研修結果を多くの生徒に周知するために、従来から実施してきた保護者等への報告会に加え、1年次について9月下旬に報告会を実施し学年全体に異文化交流や協働意識の高揚を図りました。本校では、2017(平成29)年度から、新たに「SSH台湾科学研修」を実施しており、2つの海外研修を効果的に実施し国際社会で活躍する人材育成に繋げていきたいと考えています。

生徒一人ひとりにとって一生の思い出の詰まったこの報告集をご一読いただき、オーストラリア海外研修での雰囲気ぜひ感じてください。そして、この研修を契機に、さらに大きく成長し世界に羽ばたく逞しい人に育ってくださることを心から祈っています。

最後になりましたが、研修の実施にあたり、ご尽力いただきました、本校同窓会、育友会、保護者の皆さまをはじめ、西オーストラリア州立大学や現地の教育機関、西オーストラリア州政府神戸事務所、兵庫県パース事務所など、関係者の皆さまに感謝申し上げます。

今年もオーストラリア海外研修を無事に終えることができ、この報告集で成果を共有できることを嬉しく思います。今年度は文化・語学研修は12回目、SSH研修は西オーストラリア州で6回目の実施となり、文化・語学研修に36名、SSH研修に7名が参加しました。この研修をここまで継続できているのは参加生徒と保護者の皆様をはじめ、本校同窓会、育友会、西オーストラリア州立大学（UWA）や現地の高校、西オーストラリア州政府神戸事務所、兵庫文化交流センターなど様々な方のご協力があつてこそと感謝しております。

さて、今年度の研修を「変化」「継続」の2点から振り返りたいと思います。

まず、変化については、文化・語学研修の一部に国連が目標として掲げているSDGsの視点を取り入れた内容を今年度より組み込みました。これまでもオーストラリア固有の文化や生態系、アボリジニや移民を背景とした多様性の尊重などを学ぶ機会はありませんでしたが、そこにSDGsのターゲットを考えることで日豪の視点をよりグローバルなものへと広げる機会としました。海外が初めてという生徒も多く、英語でのコミュニケーションに苦戦する生徒たちにとっては「日本から世界へ」という見方が強いかもしれませんが、いま必要となっている「世界中の日本」という視点を持つ機会となるよう、この取り組みを継続・発展させていきたいと考えています。

2つ目は生徒の変化です。「海外が初めて」「日本でも親元を2週間も離れたことがない」という生徒にとっては「英語による2週間のホームステイ」が一番不安なようです。さらに大学までのバスや電車も日本とはシステムが異なっているため、乗り過ぎしたり間違えたりとトラブルが発生します。しかし、研修が始まって数日も経てばどのように対処していけばよいかを学び、余裕のある表情へと変わっていきます。そんな生徒たちを温かく迎え入れて下さるホストファミリーとの交流も生徒たちを成長させてくれます。SSH研修では専門用語が飛び交う中で、必死にメモを取って質問をする姿からたくましさを感じました。この研修を通して、不安と感動、焦燥感と達成感の中で生徒たちがそれぞれ成長できたと実感しています。

継続の大切さは現地校との関係に現れています。プログラムの中心となっているUWAはもちろん、ここ数年毎年訪問しているButler CollegeとJohn Forrest Secondary Collegeには毎回盛大な歓迎と周到な準備をしていただき、本当に感謝しています。両校の生徒たちは、2年に1度、日本ツアーの一環として本校を訪問し数日間のホームステイ体験と学校体験をしています。このように相互の交流活動を継続していくことでより発展的な関係を構築できていることを嬉しく思います。

最後に、研修生自身の謙虚で礼儀正しい祥雲生らしい姿勢も変わらず引き継がれています。「今まで受け入れた学生で一番lovelyだ」と現地の人々から歓迎されています。良いことを引き継ぎ、高みを目指して変化していく生徒たちの様子をこの報告集に収めています。初めての試みとして全員英語でまとめていますが、ご一読いただけたら幸いです。

往路の様子



往路搭乗前のリラックスした研修生



往路搭乗前の整列



香港空港行きの機内食



香港空港乗り継ぎの集合前



ようやくパース空港に到着



荷物を無事に受け取り、検査場へ

オリエンテーションの様子



UWA 職員のマシューさんによる説明



キャンパス内で、初めてのランチ



キャンパスツアー (クレアモントキャンパス)



ドキドキのクラス開き



CELTにて科学研修チーム集合



CELTにて文化・語学研修チーム集合

文化・語学研修の様子



プレゼンテーションの準備



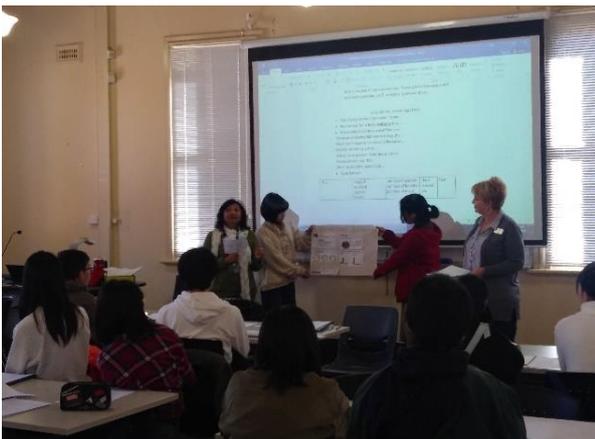
キングスパーク見学



フィールドトリップへ出発



フランス人留学生との交流



最終日のプレゼン



修了式

SSH 科学研修の様子



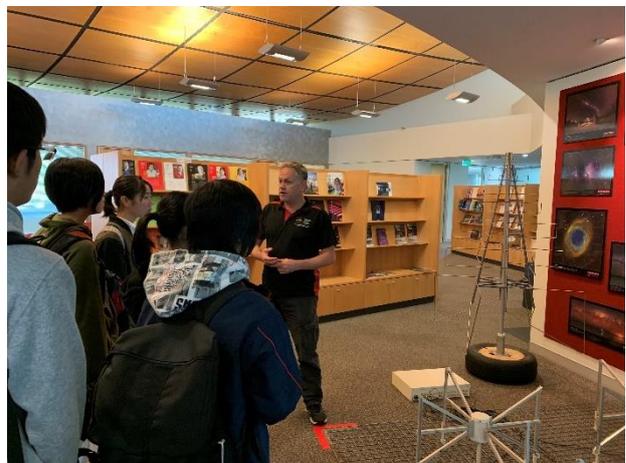
模型製作の様子



理学部生物学科の施設見学



専門用語の事前学習



宇宙研究に関する説明



Art と環境学習の融合



Fantastic Physics Show

文化・語学

2019 オーストラリア海外文化・語学研修 概要

1. 目的
 - ・本県と西オーストラリア州の友好関係を踏まえ、現地での研修を通して相互理解を深めるとともに、自他の文化を尊重する態度を育成し、国際社会に主体的に生きるための自覚と資質を養う。
 - ・実践的な英語運用能力を向上させることを通して、異なる文化的・言語的背景を持つ人々と積極的にコミュニケーションを図ろうとする態度を涵養する。
2. 主催 三田祥雲館高等学校国際交流協会
3. 期間 2019年7月22日(月)～8月6日(火) (15泊16日 ※機中泊含む)
4. 実施場所 西オーストラリア州立大学英語教育センターCELT等 (西オーストラリア州パース市) ホームステイ
5. 募集定員 1年次生及び2年次生徒 40名程度
6. 最終参加者 36名 (1年次 男7名、女25名 計32名 / 2年次 男2名、女2名 計4名)
7. 引率者 三田祥雲館高等学校教職員
8. 参加資格 兵庫県立三田祥雲館高等学校に在籍し、語学や異文化理解に関して学習意欲を持ち、団体生活に適応できる者。また、事前研修及び事後研修に参加できること。
9. 費用 350,000円程度 (国際交流協会協力金10,000円を含む)
※含まれないもの：旅券取得等渡航手続き費用・任意保険・国内移動費 (学校⇄関空)

10. 研修日程・時程

日次	月日 (曜)	地名	現地時刻	実施内容
1	7/22 (月)	三田祥雲館高等学校 関西空港着 関西空港発 香港着 香港発 パース着	05:40 07:20 09:20 12:20 14:50 22:35	バスにて空港へ CX597 CX171 バスにてホテルへ (パース市内)
2	7/23 (火)	UWA (CELT)	8:00 9:00 13:00 17:00	ホテルからUWA (CELT)へ移動 午前：オリエンテーション キャンパスツアー 午後：語学研修 ホストファミリーと対面
3	7/24 (水)	UWA (CELT) Kings Park Parliament House Tour	9:00 13:00	午前：語学研修 午後：キングスパーク研修 州議会見学
4	7/25 (木)	UWA (CELT)		終日：語学研修
5	7/26 (金)	Butler College		終日：現地校交流
6	7/27 (土)			終日：ホストファミリーと過ごす
7	7/28 (日)			終日：ホストファミリーと過ごす
8	7/29 (月)	UWA (CELT)	9:00	午前：語学研修

		UWA (Crawley)	13:00	午後：UWA にてインタビュー
9	7/30 (火)	UWA (CELT) Fremantle	9:00 11:00	午前：語学研修 午後：Fremantle 見学
10	7/31 (水)	UWA (CELT)		終日：語学研修
11	8/1 (木)	UWA (CELT) Caversham Wildlife Park		午前：語学研修 午後：ワイルドライフパーク研修
12	8/2 (金)	John Forrest Secondary College		終日：現地校交流
13	8/3 (土)			終日：ホストファミリーと過ごす
14	8/4 (日)			終日：ホストファミリーと過ごす
15	8/5 (月)	UWA (CELT) パース発	9:00 14:00 20:00 23:55	午前：プレゼンテーション 午後：修了式 フェアウェルパーティ UWA 発、空港へ CX170
16	8/6 (火)	香港着 香港発 関西空港着 関西空港発 三田祥雲館高等学校	07:45 10:15 15:05 16:00 17:40	CX506 バスにて学校へ

【前年度の課題を踏まえて】

1. 昨年度は募集定員を大幅に超える希望者がいたため選考を行った。
→今年度は定員を増員（30名→40名）した結果、36名の参加希望だったため、全員参加可能となった。
2. 研修内容の高度化
近年、海外研修参加者の英会話力向上と研修内容の充実を考え、SS 探究 I でも取り組み始めた SDGs を研修の一部に取り入れた。事前研修でインタビュー内容を準備し、現地で調査して海外の人の考え方や反応をまとめ、社会問題についての国際比較を行った。



ホストファミリー



キングスパーク高台からの眺め



CELT での授業



Butler College との学校間交流



ウォンバットと一緒に

1. 目的 (1) 西オーストラリア州立大学の施設・設備や近郊の施設を利用した天文学実習、生態調査、資源採掘実習、大学研究室での実験実習など西オーストラリア州の特性を生かした研修を通して、最先端の科学や技術を体感し、自然科学に対する関心や学習意欲を高める。
(2) 現地の中高等教育学校生徒との協働学習や西オーストラリア州立大学での実習、また実習の事前研修を含む西オーストラリア州立大学英語教育センターでの科学技術英語実習を通して、将来国際的に活躍できる科学者・技術者として異なる文化的背景を持つ人々と協働するための豊かな国際感覚と英語運用能力を身につける。
2. 主催 三田祥雲館高等学校 (取扱旅行代理店：東武トップツアーズ)
3. 期間 2019年7月22日(月)～7月31日(水) (9泊10日 (機内泊含))
4. 実施場所 西オーストラリア州立大学 (工学部・英語教育センター) 等 (西オーストラリア州パース市)
5. 募集定員 1年次 科学技術分野に興味を持つ生徒 2年次 理系生徒 計10名
6. 最終参加者 7名 (1年次 男3名、女4名 計7名)
7. 引率者 三田祥雲館高等学校教職員
8. 参加資格 兵庫県立三田祥雲館高等学校に在籍し、科学技術、語学、異文化理解に関して学習意欲を持ち、団体生活に適應できる者。また、事前研修及び事後研修に参加できること。
9. 費用 300,000円程度 (国際交流協会協力金10,000円を含む)
※含まれないもの：パスポート取得費用・個人的な費用

10. 研修日程・時程

日次	月日(曜)	訪問先等 (発着)	現地時刻	実施内容
1	7/22 (月)	三田祥雲館高等学校発 関西空港着 関西空港発 香港着 香港発 パース着	05:40 07:20 09:20 12:20 14:50 22:35	貸切バスにて空港へ 空路、香港経由パースへ 乗継 入国審査後、現地案内係(旅行会社)と合流。 貸切バスにてホテルへ
2	7/23 (火)	ホテル発 西オーストラリア州立大学(UWA) 英語教育センター(CELT) UWA(Crawley) CELT	07:30 09:00 13:00 15:30 17:00	ホテルからUWA・CELTへ移動 (午前) オリエンテーション 実習準備1 (午後) UWA 工学部物理学科 ホストファミリーと対面
3	7/24 (水)	UWA(Crawley)	09:00 10:45 13:15	(09:00-10:30) 実習準備2 (10:45-12:15) UWA 工学部宇宙物理学科 (13:15-14:15) 実習準備3 (14:30-15:30) UWA 工学部都市環境鉱業学科

4	7/25 (木)	UWA(Crawley) UWA(Crawley)	09:00 10:45 13:15 15:30	(09:00-10:30) 実習準備 4 (10:45-12:15) UWA 工学部植物生物学科 (13:00-14:00) 実習準備 5 (14:00:15:30) Kings Park 実習・観察会
5	7/26 (金)	CELT 集合・出発 現地校着 現地校発 CELT 着・解散	09:00 10:00 10:15 13:00 15:30 16:30	現地校との協働学習・交流 Butler College (午前) 発表会・交流会 (午後) 実験実習・協働学習
6・7	7/27 (土) 7/28 (日)	パース市内		プレゼンテーション準備・フィールドワーク
8	7/29 (月)	UWA(Crawley) UWA(Crawley)	09:00 10:45 13:15 15:30	(09:00-10:30) 実習準備 5 (10:45-12:15) UWA 工学部 (13:15-14:15) 実習準備 6 (14:30:15:30) UWA 工学部
9	7/30 (火)	CELT CELT 発 パース空港着 パース発	09:00 13:00 20:00 21:00 23:55	(午前) 研修成果プレゼンテーション (午後) 修了式 (夕方) ホストファミリーとお別れ 貸切バスにてパース空港へ 出発手続き 空路、香港経由関西国際空港へ
10	7/31 (水)	香港着 香港発 関西空港着 関西空港発 三田祥雲館高等学校着	07:45 10:15 15:05 16:00 17:40	乗継 入国手続き 貸切バスにて学校へ

【前年度の課題を踏まえて】

・科学研修のための事前研修

現地での研修では英語の専門用語が非常に多く理解が難しいため、今年度は事前研修で限られた内容ではあるが、前年度の研修資料等をもとに語句や研修内容の学習を行った。



自然環境についてのプレゼン



工学部鉱業学科での研修



黒点の観察



研修の振り返りを英語で発表



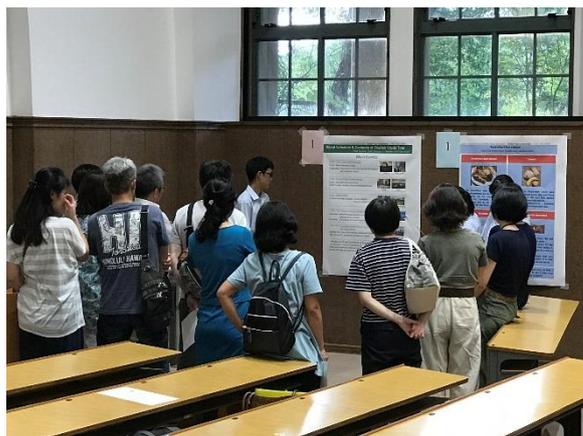
プログラミング実習

海外研修を終えて

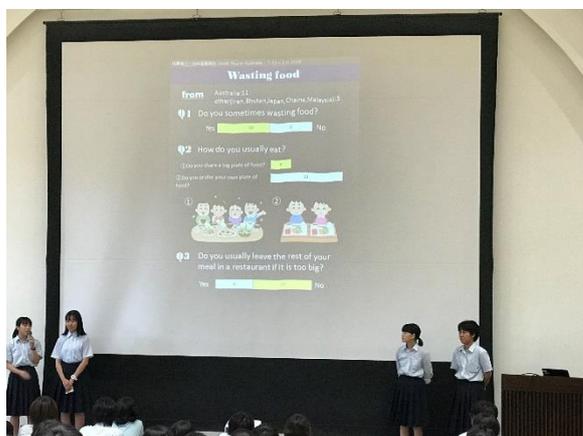
(参加生徒 42 名による報告)

- SSH 科学研修(7 名)..... p.12 ~ p.18
- 文化・語学研修(35 名)..... p.19 ~ p.53

海外研修報告会(9月6日(金)17:00~18:30 大講義棟にて)



各グループに分かれてのポスター発表の様子



SDGs インタビューに関する口頭発表の様子



科学研修に関する口頭発表の様子

★What I was interested in in the scientific training

The first thing I'm interested in is physics experiments. I didn't understand English at all on the first day, but I thought it was very interesting just looking at it. The most interesting part of the experiment was an experiment using a coil. The second thing I was interested in was having a joint experiment with a local high school student when I went to Butler College. My uniform was very wet with the plastic bottle rocket, but it was fun. However, it was difficult to understand because there was a place where the formula of equal acceleration linear motion was different from Japan. I'm glad I got along with the local high school students.

☆About my fieldwork

I examined the melting point and boiling point of gold in fieldwork. I went to Perth Mint to find out about it. The Perth Mint originally made banknotes, but has not yet made it, making it a tourist facility. The boiling point of gold is 2857°C , and the melting point of gold is about 1064°C . The melting point of gold is the same temperature as the lava coming out to the ground. About 1000°C can melt a variety of things. It is the temperature where various things such as ice and chocolate can melt. It was very powerful because it was made to cool rapidly.

☆I also learned a lot of things from my homestay

The first one is English. I cannot speak in my regular class because I don't speak. However, my host family speaks so much that I can speak little by little. It was good because I could talk with about the culture. For example, in Australia there is almost no water in the bath, so there is not enough. My home in Australia has a bathtub but I didn't actually use it. Basically, you wash your body in the shower. Because water costs are high, it's wasteful to be stored in the bathtub. I once again recognized the importance of having a lot of water. Since I could learn a lot in Australia, I would like to make it useful in Japan.



★Impressive workshop

I learned a lot of different kinds of science from this training. Among them, glass house experiment was especially impressive. Students of the University of Western Australia are studying the growth of various plants. We can learn the best environment for the plant by comparing under many conditions. It is good that technology is developing now. But it's not good for nature to be lost by urbanization. We should live in harmony with nature. For this reason, I thought it was very important for people to arrange the natural environment.

☆Cultural difference

My host family has a six-year-old girl. She is very energetic. On one occasion, I played with her. At that time, I said "Oh my God." without much thought. She taught me "That is a bad word." I surprised to listen to it because I didn't know that. I apologized to her. But I didn't know why that word is bad. So I checked the reason. And I knew that to use the word of God with a light heart is bad for Christian. I regretted. But I'm glad I had that experience. With this as a starting point, I want to learn about cultural difference.

☆Using the experience

I would like to deepen my research by using what I have experienced this time to study in the future. In addition, in the future society, no matter what I do, I have to have English proficiency. So, I want to study English harder and be able to speak much more by the time I enter college. I want to study hard so that I do philanthropy.



○Interest in science

I became more interested in science in this science training. I was particularly interested in robot programming. Because I programmed robots in the workshop. Robot programming was my first experience. So Robot programming was difficult for me. But it was fun. So, I was interested in robot programming.

★English ability

I was worried that I could understand English at first. At first, there were many technical terms, and speaking speed was fast, so it was difficult to understand. However, when I tried to understand every day, I became able to understand to some extent.

●Future goals

After completing this training, I wanted to learn more. I especially wanted to learn about space and robot programming. I realized this in my final workshop presentation. So, I came to want to learn more about that. I haven't decided on my dream yet. However, I feel that my dream has come to be seen through this training. I would like to use what I learned in this training in the future.



★Changes in my way of thinking about science

This training further increased my interest in science. I like science very well, but there were so many things I didn't know about it. Therefore, I could learn a lot of them. And I thought I want to know more. Among the science field that I was particularly interested in is physics. I did physical experiment, how the rocket works and robot programming. It was interesting for me to do them. But I didn't know principle. From now on, I will study more so that I can understand these principles. I could obtain scientific ideas and various perspectives through experiments in various fields. I gained a lot of scientific knowledges. I came to like my favorite science more.

★Exchange with many people

It was a different environment from Japan, but I had a happy life and I could grow myself. I gained the power to live in diverse values with an international mindset. Also, having a lot of conversation in English gave me confidence and improved my English. I had an exciting conversation.

★Best memories

In homestay, I went to the sea with my host mother and I had a lot of casual conversations. That time was the most enjoyable. I also went to zoo and shopping centers. What I thought throughout this was I actually experienced that it was important to have a tolerant attitude to respect each other's culture. It was a good experience to interact with the local school.

From now on, I will look at things from a broad perspective and study English and science more. I want to make use of these experience to challenge various things.



★What I felt through scientific training

Through this training, I'm more interested in science. There are three reasons for this.

First, I was able to study a lot of things I didn't know or see about science. For example, I was very surprised when I was looking at picture of the universe and I knew that each growing one was a galaxy. In addition, it was good because I got knowledge about magnets, liquid, nitrogen.

Second, I was able to use the machine that I can't usually touch. By using a large telescope and a machine that flies a plastic bottle filled in water, I learned the fun of seeing things that I can't see.

Third, I felt very happy when I was able to explain and understand things in English which I knew. In the physics class, there was something I had already learned. I felt that studying in English was difficult, but when I was able to understand, I was happy.

I think I need English skills to work in science because most papers are written in English. My English ability isn't enough. So, I try to study English hard.

☆About my host family

My host mother likes to talk. She always talked to me with a smile. My host father is a kind man. When I asked him what I didn't know, he always kindly told me. There were two Chinese boys in my host family's home. They are 14, 15 years old, and they can speak English very fluently. They always went to school with me. Thanks to my kind host family, I had a great time.

☆Impressed memories

I realized in the Australian life that the local people were very kind. For example, when they get off the bus, they were saying thank you to the driver, It's a small thing. But I think it was really good to say it. So, I also thanked the driver and got off.



【Interesting class of SSH】

I joined the SSH training in Australia because I am interested in English and science. The class was so difficult, I understood only 30~40 % of the classes. But teachers were very kind. They used gestures or changed difficult words into simple ones for us. I was particularly impressed with two classes.

1 I went to the Kings Park. There were a lot of Australian plants and ecosystems that were different from any other countries. However, indigenous people and immigrants still coexist with plants and animals. For example, they used Marri as a medicine for toothache. Also, the leaves of Sword grass were used as a basket,

2 I did computer programming of robots. I used a robot and iPad's software. I programmed to run a course with a chair and a bottle. I tried to run the car many times to change the turning angle and speed. So, it's important to practice many times. I was not good at programming before the workshop, but it was very fun and I'm interested in programming.

【My Fieldwork】

I studied ecology in my fieldwork. I went to Perth Zoo on holiday. There were many Australian animals. For example, Emus, kangaroos, koalas, and so on. I saw four kinds of kangaroos that live in different places. I thought there was only one kind of kangaroo but each of the four kinds had different hair softness and color. They cope with Australian dry and sunny climate. Koalas are also on the tree to save energy and moisture from the climate.

By visiting Kings Park and Perth Zoo, I learned lots of things about ecology. In Perth, the places where animals live and types of plants change depending on the season.

【 What I learned 】

I thought Australia and Japan have different ways of living plants, animals and humans. Now in Australia, we can see a lot of plants in the city. In Tokyo, however, there are not many plants but buildings and dirty air. So, we should learn more about living with nature.

Also, I am more interested in STEM (Science, Technology, Engineering, Mathematics). I want to do a lot of research using English from now on.



<Various chemical experiment>

On the second day, I did a variety of chemistry experiments with students at the University of Western Australia. What I was most interested in was the experiment where the magnet was put in liquid nitrogen, cooled, and when other metals were approached, the magnet rebounded and floated. There were a lot of difficult English words, and I only understood about three to four percent of the total, but it was good that I had a valuable experience of experimenting in English.

<Learn at Kings Park>

We also visited Kings Park. Kings Park is a botanical garden inhabited by many Australian plants. There were many kinds of plants there. I was surprised that they were all bigger than Japanese plants. There was a plant which became a medicine, too and it smelled good. I also learned about indigenous Aboriginal history in Australia. I was interested in the way of life of aboriginal plants and related lifestyles because of the climate that is different from that of other continents.

<Fieldwork ~Climate in Australia~>

I researched the weather in Australia in fieldwork. There are four large climate zones in Australia. The first is a tropical climate area. November and March are rainy seasons, and even in the winter months of June and August, the weather is warm enough to be short-sleeved during the day.

The main cities are Darwin and Cairns. The second is the desert climate area. The difference in temperature between day and night is intense, and there is little rain throughout the year. During the summer months of December and February, the average temperature during the day rises to more than 35 degrees, but it is cool and easy to spend the night.

The main cities are Uluru. The third is the subtropical climate area. The weather rate is high throughout the year, and you can spend the day in short sleeves even in winter.

The main cities are Brisbane. The fourth is in temperate climate areas. The four seasons are clear, and it is warm in spring, autumn leaves are autumn leaves, and skiing is enjoyed in the mining area in winter.



★The difference between Australia and Japan

They are many differences between Australia and Japan. For example, differences in food culture climate. I had to live for the land of Australia. I tried to save water. We didn't leave the water running, so that no wasted water was generated.

★About my host family

My host father is a fan person. And, he is very kind. He asked us every day, what day it was today and he asked me if it was a nice day. He loved Fridays and holidays and was very high tension on Friday morning.

My host mother told us funny story to relieve our tension. There were three children in my host family's home. They are 0,5,8 years old, and they are very close. Baby smiles and laughter made us smile every day. 5-year-old boy loves games and playing my sound game together and got along. I was very happy that the 8-year-old girl told me a lot about herself. I was able to get to know my host family immediately. They replaced me with simple words if I didn't understand English. And, talked slowly. Thanks to that, I was able to understand English little by little.

★Butler College

I was paired with a boy named Brandon. He is very kind. Tried to tell me using gestures. His hobby was riding a motorbike that was younger than me. When I entered the university, the voice of welcome from students was amazing. Even from a distance, I heard hello and "aisiteru". It was a sight that was hard to see in modest Japan. The local students were very friendly and the conversation was uninterrupted.

★After school

After school, I went to various shops every day on my way home. Upon entering the store, the clerk with a smile, that "Hi! Hello! How are you today?" It is like "irasshaimase" in japan. There were many restaurants and many people eating outside, and the whole town was lively.

★Growth

I was shy until I went to Australia. In Australia, I have to say something. Someone notices or does not pass. So, I was able to grow in terms of actively talking to myself.



☆Change of my way of thinking

Before I went to overseas training, I was not good at speaking English, but now I can try to convey it through this training. I also learned a lot of things that I had never known before. The shower time is short, I missed the bus, and I was able to experience something that I can't usually do. Australians were very kind and lived with help.

☆About my stay

My host mother is very kind person. She teach me kindly when we ask her anything. And she is good at sports. She gets up early to go to gym. She has 2 children, Chase and Eva. Chase is a cheerful boy. He is 5 years old. Eva is a pretty girl. She is 4 years old. On weekend, we went to the park near their house. I played tag with children. After that, I felt tired because they can run fast.

☆Funny memories

I bought 4 Tim Tam and a few boomerangs as souvenir for my family. And I bought hand cream and soap for me. My families were glad very much. Last day, I exchanged contact messages with my host mother. Even today, we are talking with messages. If I have a chance to go to Australia, I want to meet them again. I had a great time in this stay.

Thank you very much!



☆Something I felt

I felt there were many differences between Australia and Japan. For example, people in Australia did laundry only once a week. I felt too little, but Australia was short of water and people were trying to save water. When I knew it, I thought it was really wonderful.

☆About my host family

My host family had two people. They were a mother and her son. My host mother was very kind. She always took care us and talked a lot with us. Further, the meal that she cooked was so delicious, because she was a cook. Her son was an engineer. He was a very funny man. After dinner, I often played game with him and talked about the events of the day. They were so kind, cheerful, funny and powerful. I enjoyed the time that I spent with them. That was a happy memory for me.

☆My memories

It was the first time for me to go to foreign country. So I was worry about conversation in English. Initially, I tried to speak perfect English, but it was very difficult and took much time to think about the sentence. I kept the other person waiting. I thought this was not good. From there, I spoke English actively without fear of mistakes. Then my world changed. I was able to enjoy communicating in English. Australians always listened to the end. If I didn't understand the perfect sentence, I could connect the words I knew and had a good conversation. I was so happy, because I realized again the fun of speaking English. Through this experience, I learned the importance of challenging without fear of failure.



★The charm of Western Australia I found

I think that Australia has vast nature. I have wanted to see vast nature. It was one of my dream. I watched sunset many times in Australia. It was very beautiful view! I have never watched such a beautiful view! I was moved by the view!

West Australia has another good point. It is people in Australia were very kind. Everyone who I talked to answered with a smile. I could feel relieve! I want to go back Australia in the future.

☆About my host family

My host family was Ms. Veronica and Mia. Mia is Ms. Veronica's daughter. I felt anxious because it was my first home stay. But my host mother talk to us very kind. I was happy. Mia was cool girl. At first, she didn't talk with us. After a few days we talked with Mia late at night. In the story I could know about Australian school life, Australian classes and so on. It was really precious time! My host family like moving so they took us many activity places. For example, we went to the river, hill, mountain, large park. I like moving too so it was very exciting time! I cried when I say goodbye to my host family. I felt very sad because I love my host family. I promised them I will be back Australia to see them.

☆Hard thing for me and my growth

At first, it was hard for me to understand English. After I took class, I felt very tired. I wanted to talk in Japanese. But a few days later, I could listen to English easily. I was surprised and happy! I couldn't believe myself.

I had another trouble. It is I didn't know which train or bus I should take. I asked many people. Everyone answered very kindly. When I didn't know how to buy train's ticket, an old couple and a woman helped me. I thank everyone from the bottom of my heart! I was helped many people through this study abroad. I want to give back in some way.



★Change of my way of thinking

I couldn't talk to people very much and relied on my friends. However, when I went to Australia, I couldn't rely on anyone, so I had to act on my own. So, I think I was able to get a little more positive by acting on my own. I do not forget this, and I want to act in Japan with the awareness that I can move from myself.

☆About homestay

There was anxiety and tension on the first day, but I felt a little relieved that my host family greeted me gently and greeted me kindly. At first, I couldn't understand English and sometimes I listened back. However, as I gradually got used to it and became able to understand the language, I was very happy. In addition, the dishes made by the host family are very tasty and all of them are impressive. On weekends, they took me to Perth's recommended spots. During my stay in Australia, I had a great time thanks to the support of my host family.

☆Struggling and what I want to convey

The hard part was that I couldn't understand and hear English. Sometimes it was annoying to host families and teachers. However, I became able to understand little by little by speaking positively without give up. I was very happy at that time. So, if there are people who are planning to participate in the future, I think that the local people will always answer if you work positively.



★Change of my way of thinking

The thing that changed before and after I went to this training was that I learned the fun and importance of English. Of course, I use Japanese when I am in Japan but when you go to Australia, Japan is not really useful. The only way to say in English is to give an opinion to the other party. I finally realized this. The importance of English. And if you speak in English every day, you will find it fun to speak in English. I feel really happy when I spoke in English and it was introduced to Australians. I felt this feeling after I went to Australia.

☆About homestay

I was very worried at first. I was about whether I could speak English properly or have fun. However, there was no such thing and I was able to spend every day happily. The most important thing in homestay is to speak positively from yourself. To improve my English, I realized that speaking from myself was the best. It is also important to live according to Australian culture. At first, I was confused because the shower time and manners of eating were very different from Japan, but after a few days, the difference became fun. I learned a lot from my homestay. It was really fun.

☆Going to Australia

Others the hardest part of going to Australia was going to school by train or bus. Although it is natural, I went to my destination in English. It was really hard because the announcement was early and I heard it. What impressed me in Australia is that most Australians say “Thank you.” With the loud voice the driver hears when getting off the bus. Australians are amazing. It was really fun!



What has changed

I felt the most growth was my communication ability. I spoke to the cabin attendant on the plane when I went to Australia, I was in trouble because I didn't know what she said besides I didn't know what to say. But I spoke to the cabin attendant on the plane when I returned to Japan, I was able to communicate my intention to her. I think that I learned naturally by college exchanges and local shopping. In addition, my host family plays games with us at dinner. There are different types of games. For example, give hints and guess what animals you are talking about and who can talk a lot about what happened today and so on.

Beautiful view of Perth

I was often fascinated by the view of Perth. I felt the most amazing is Kings Park and the big river that we can see from there. Besides, I think that I got to know a little more about Perth by interacting with many animals at the zoo and enjoying the sea view at Fremantle. Perth's biggest attraction is its beautiful view and the kindness of the local people. If you haven't visited Perth yet, I would love you to visit there.

About my host family

The host family who accepted us was a family of five. My host father is an Exercise Physiologist. We called him Jezz. He lived in New Zealand when he was young and was a professional football player in New Zealand. My host mother is from England and she is very kind. We called her Zana. She taught us a lot about Perth and the lives of local people. My host parents have two daughters and one son. Eldest daughter`s name is Mimi. She is eight years old and likes drawing a picture. She drew our caricature so I was very happy. Son`s name is Faris. He is five years old and likes playing video games. He likes to prank, so it always annoys everyone, but thanks to him, I was able to spend a laughing day. Second daughter`s name is Rayla. She is six months so she can`t speak. But her smile made us happy. This is my host family. They are very friendly and kind so I'm really happy to be able to spend two weeks with them.



★I found Australia's life.

I found a lot of Australian lifestyle.
Always give a greeting when Australia people getting on and off the bus.
I thought it was very polite to see it.
Australia people don't close car mirrors.
I was about to hit the mirror of a car by the door.



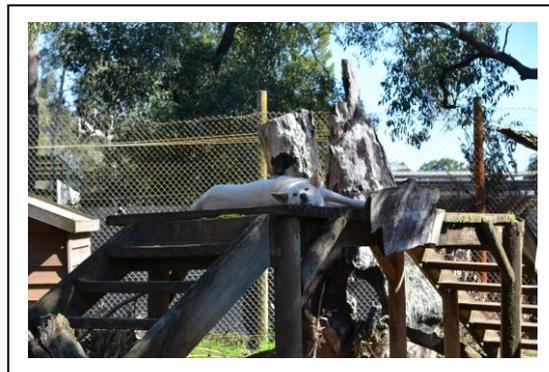
☆About my host family

My host father is four. They were very friendly.
We always laughed. One of our host families was Japan.
When I didn't understand English, gave me a hint.
There was something I couldn't tell. When also gave a hint.
The food was always interesting.
Tacos, beans curry, vegetarian muffin and dumpling spaghetti and so on.
There were also other Australian dishes.
We were taken to a basketball game fourth day.
We were surprised that we were fully equipped. We were taken to shopping center and beach by host mother before last day. She introduced Australian miscellaneous goods and sweets. The host family looked like a family. These were a good experience for me.



☆Funny memories

I had a lot of experience in Australia. The zoo is what impressed me. There were a lot of animals here. There were a lot of animals to see for the first time. For example, wombat, kangaroo, and quodka and so on. There are a lot of animals that I touched for the first time. In particular, I was amazing a snake. These was an experience I could not do in Japan.



★ Change of my feelings

Before I went to Australia, I was very excited and a little anxiety. But actually, Australian was very kind and friendly. So, I was able to spend without getting nervous. Australia is completely different from Japan. I was very surprised by the difference in values. So, I expanded my field of view. This experience was a very good experience. I would like to study abroad or go overseas again.

★ About my host family

There were two host families and an international student from China. My host mother is very kind and took care of our health. And she is good at cooking. It was delicious. On weekends, I went shopping and went to the sea and went to see the night view with my host family. It was a lot of fun and I enjoyed Australia. International students from China was funny person. He was interesting and strange. When I handed them a souvenir from Japan, they were very happy. I'm happy with this host family.

★ Happenings and reflection

I made some mistakes. I went to the last minute of the meeting time or overslept. I may have been traveling abroad with a light feeling. Through this training, I realized that I had to be careful when going abroad. I also left my bag on the return bus, I forgot to wear school uniform on the last day. I thought I shouldn't be distracted until I go home. Also, when we went to McDonald's, the way we ordered was different from Japan. It was a machine. I didn't know how to use it. So, I asked for the same thing three times. I was unlucky. Like these, I made a lot of mistakes. However, I learned a lot from them. So, it was a very good experience. I want to challenge various things in the future.

Not only was it possible to communicate with foreigners, but I was also very happy to get along with the members of this overseas training. I think this experience was supported by the support of many people. I am very grateful to my parents. Thank you for letting me join!
I was really happy to participate in this overseas training.



☆The charm of Perth

I found lots of charm in Perth. Perth is said to be the most beautiful city in the world. View of Perth where the Swan River flows was very nice. It is not too cold in winter and is easy to live. And Public transportation is well developed. I often used it when I went shopping. There are many rare animals in Perth. So, I was able to see many animals that I had never seen before. It was a very interesting experience.

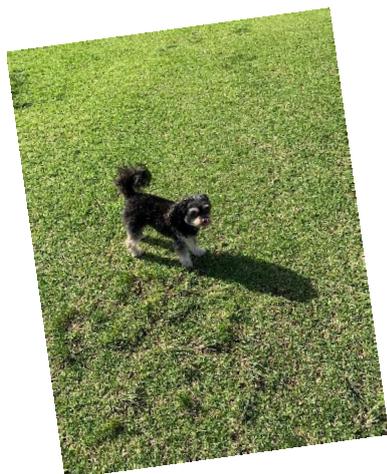
☆About my host family

My host family was only one woman. She is very friendly and kind. She helped me when I had trouble. The meal that she made was really good. I enjoyed it every day. She has two sons, and one of them often came to home. I talked with him a lot. There was also a little female dog named Gigi. She was very cute. I played a lot with her.

★Change of mind

I was not good at communicating actively until going to Australia. But in Australia, I had many opportunities to talk to people. I was very nervous, but everyone was kind to me. So, I was able to speak to them without fear. And I became confident in the English that I spoke. Then, I started talking more with my host family. I talked about Japanese culture and my family.

I really enjoyed interacting with people in Australia using English. After this study tour, I thought that I want to be able to speak more English. So, I would like to learn more about English and increase my knowledge in order to have a higher quality conversation.



MY FULFILLING STAYING

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☆Our second home

Until meeting host family, I thought “they are not very friendly”. But I found that it’s wrong, when I actually meet them. They were like really family. So, I didn’t nervous and could relax.

Not only they are very friendly, but also their providing rich services. Thanks to wonderful service, we could enjoy better than any other pairs.



☆Introduction of our host family

Our host family are two people. They are old couple and their children were independent of them. So, they attended like real parents. The old man is Mr. Wayn. He is very kind and he often took us to the bus stop in the morning. The old woman is Ms. Lauren. She always helped us when we are in need. The young man who wares red uniform is Mr. Dully. He is a college student and talked a lot. When we watched the movie at home, we shared each impression. They are very kind enough to take us to the restaurant for three times. The dishes were so nice. So, I want to say thanks for kind and wonderful services.



☆Can` t get off at the right station

When we went back home, we often used a bus. Our bus stop was difficult to find exactly. And we are always sleepy. So, we often missed the bus stop. Even both of us got up and looking for it, we used to miss the bus stop. Even in that situation, we could enjoy. Because we found many things that we didn’t know. For example, new viewing, other people who live in other places. When we missed the bus stop, many kind people helped us or we could see new viewing through walking to our host’s house. We enjoyed visiting that are not on the list.

★Change of my way of thinking

I learned a lot of things. I got communication skills. I couldn't speak at first, but I was able to speak positively in the end. I can now greet myself and act. For example, Saying hello to the bus driver and my host family. I'm glad to learn about the Australian culture and Aboriginal ecology. What I learned abroad.

☆About my host family

My host mother has two children and dog that are Chase, Eva and Bella. My host mother is good at cooking very much. Her cooking is very delicious! She is very kind of us. Chase is very funny and very powerful because he is 5 years. So, I was busy taking care of him, but I was very fun. Eva is 4 years old. She is very cute. She was very shy, so I and she are nervous. But I tried to talk her because I wanted to talk with her. Then she gradually smiled. So, I was happy. Bella is a 12 years old dog. She is very cute and clever because she didn't bark. She was healing for me.



We went to the park that is near Swan river on the weekend. I played tag with children. I was tired because the sun was strong and hot. I was tired because the sun was strong and hot, but it was fun because it was a good memory. I had a good experience on my first homestay. I'm grateful to my host family.

☆Memories about school activities



I could make many memories in school activities. First, I went to Caversham Wildlife Park. There are many Australian animals. I met koalas and touch them. Their hair was very soft. I could feed the kangaroo. Their baby in my mother's bag was cute. Second, I went to local school. I took part in class and had a lunch with my buddy. It was fun because I was able to win the quiz tournament in cooperation with my buddy. I played Australian football. It's very difficult for me to play it, but I was very exciting.



△John Forrest Secondary College



△Shoun members



△Perth

★ Precious experience

Before I visit home of my host family, I am very nervous. Because I worry that can I talk with my host family well. But I actually meet my host family, this think is lost. My host family is very kind. For example, when I couldn't hear words of them in a time, my host family spoke slowly that we can understand and they play gesture. So, this life in Australia become very nice memory.

☆About my favorite place !

When I visit Perth, I am very surprised. Because the Perth city is very big and very beautiful. In particular, night view in Perth is very nice. And Perth has many tourist spots. So, I never got bored. I will tell about this in Perth. The bell tower is that I especially want to introduction spot. Because view from the tower is very beautiful. In first time, to hear that we cannot go above the 6thfloor we felt a little disappointment but no such thing, 6th floor is high enough. So we could enjoy. Also can hear beautiful tones in sometimes .

☆Souvenirs

I am going to describe famous souvenirs.

No1 Tim Tam. This is a famous snack in Australia. And this taste very good. This like chocolate. Also, there are many varieties. Example mint, Strawberry, and caramel. If you go to Australia, you had better buy it!

No2 coffer. Coffe that made in Australia is different from others. This tastes unique. So, you had better drink once. You might like this.

No3 boomerang. Australia boomerang is special. Because some boomerang made by aboriginal. So, this is beautiful and cool. And this cost has many types. One of them is cheap. So, you can buy it easily.



Change of my way of thinking

I worried about home stay and my English before this tour. I'm not good at listening English and telling what I thought in English. But Australian people waited when I can't find my words. And they told me the meaning of difficult words. So, I could be relaxed when I use English. I was afraid of speaking English before but I want to speak English more.

☆About my homestay

I stayed two families. The family who we stayed shorter was Asian. Second family was Australian. There are many pictures because my host mother is a designer! She liked to talk and play board games. We were taught a lot of things. For example, how to play games, about Australia and about her. She was very funny, very kind and good at cooking so, I very enjoyed my home stay. There were her son, his girlfriend and one Chinese. They were very friendly. I was very sad when I say goodbye. It was a lot of fun my home stay.

☆My feeling and discoveries

In Australia, I was surprised a lot. For example, there were many races, Asian, white people, darky people and so on. Australian people were very kind and cheerful. And, there were many beautiful parks so, I was able to play when I want. There were few traffic lights. Sidewalks were everywhere and the size was wide. I think Perth is a very livable city. Perth has beautiful beaches and stars, some cheap transportations, many shops and shopping malls. But the price is high in Perth. Through this trip, I learned there are a lot of differences in the world. Languages, religions, thinking, cuisines and so on. These experiences are very important for me. They made me happy and surprised. I want to go to many countries to find them. I think my English skills are not much enough, but I will practice to talk many people in English. Australian experiences change me.



★Accident

First, I and my partner thought we will go to Julie's house but we went to another house because Julie was sick. We were surprised and worried when we heard the news because she is an old woman. But, the stay in another house was good because they were very kind to us and they made delicious food. We enjoyed staying and then leave there to Julie's house. We talked each other in her car and I thought she was fine then. But it was not. She said she was sick and nauseous. Nevertheless, she made us a dish. I was really impressed and I thought she is a good woman.

☆Spend with my host family

My host family has five people, Julie, her son, his girlfriend and helper from China. Julie was sick at first but she got well and then she took us to the beach. It was very fun because I want to go to the beach. Also, she bought us an ice cream and guided us Fremantle. It is the best memory in Australia. I also want to eat Jersey beef but Julie was vegetarian so we ate very healthy foods. But I like vegetables so they were great. And last day, we ate lamb meat. It was very delicious. It was not so salty and not so tough. I also play many kinds of games with Julie. I really enjoyed playing them because I didn't know all I played. She has been in Japan many years ago so she was able to speak Japanese a little. She treated us like a family. I thought it is difference from Japan.

☆Funny memories

I enjoyed spending the zoo because I really wanted to see kangaroos and koalas. I fed kangaroo and touched koala. I was really impressed. Most of the kangaroos are friendly and come as soon as I fed out, and touching the koala was as soft as a stuffed animal. I absolutely wanted a boomerang so I bought it in there. I went shopping many times because I want to buy many things of Australia. I asked Julie to tell me what I should buy for my family, she answered quickly, kindly and clearly. And then, I bought many. When I stay in Australia, I missed my house but thanks to Australians, I got used to it and eventually I didn't want to go back to Japan. Australia was so much fun. I want to move to Australia someday.



~In Perth, Australia attractions~

Beautiful scenery: When we go to University from hotel, we could see Perth morning view. It is scenery which so beautiful. A large lake, plants, big trees. It was so beautiful which I haven't seen such a view. Then, I was impressed. Residential areas have a lot of one-story houses. House has a large garden and fashionable. Also, I could see the sea when I went to Fremantle. It was a very beautiful view.

Birds: Birds was so beautiful in Australia. Birds are multicolored. For example, some have blue and green, Others have gray and pink. Birds flied the sky which like Parakeet.

Kind people: Australian people are so kind. When I got lost, they taught me the way carefully. When I didn't understand, they taught until I understand. I got lost twice. Then, kind people sent me to my host family's house twice. I was so glad. I want to say to thank you for sending. I thank them.

~About my host family~

My host family has 5 people. My host family's father is soldier and he don't come home by November. My host family's mother is a teacher. She taught me about Perth. She sent me to school every morning. She made meals so yummy. I thank her so much. And 12 years old Hannah, 10 years old Emma, 8 years old Mia. They made me fun. Jumping trampoline, Dancing, making up, Shopping, Watching the TV, and so on. I can make a lot of memories with them. I spent a very fulfilling. So, it was very hard at the time of parting. When I went to my host family's house for the first time, I cried because my host family prepared to welcome. So, I decided not to cry when parting. But I cried so I remember a lot of things that I have enjoyed so far.

~What changed before and after the training~

To think and act for myself. That was my biggest change. It is so courage for me to act on my own in the first place. If you don't act on my own, nothing will be solved in Australia. So, I had many opportunities to think and act on my own in Australia. Such an event has grown me.



①Glamor of Australia

I think that glamor of Australia is kind.

There are a lot of kindly people in Australia. When I was lost I asked many people the way. They answered politely. I was panicked, but I relieved to talk with them. One day, I took a train with Maho. And we met a woman. She said, "I'll take you your house". She took us our host family's house by her car. In her car, we talked a lot of things. It was good time. Besides that, I met a lot of people who are kind. I got nervous to talk with foreign people until I go to Australia. But thanks to them that I met there, I enjoyed talking with them.

②About My Host Family

My host mother is very kind. She spoke in an easy to understand when we talked. Thanks to that we could relax. Every day, she asked us of the day and she listened to us about it with a smile. Mia is a her daughter. She is really good at sports. For example, soccer, skateboard, tennis, track and field. One day, they took us to Mia's soccer game. She scored a goal!! I was really exciting. Last day, we played Australian football with them in the morning. When we finished playing suddenly parting got lonely. Talking with them is good memory for me.

③The Most Exciting Memory

My best memory was interacting with local high school students. We went to two schools in Australia. I met a lot of people. In particular, I became friends with two paired girls. One is Chloe. She is a student in Butler College. She is so cute girl. We made a paper crane together. Later that, she took me to the music room. It is a great room. We had lunch while listening to the piano performance. It was good time. The other is Isabelle. She had a cheerful personality and was able to have a friendly chat. I took classes with her there. I couldn't understand class in English, but I felt fresh because it was different atmosphere from Japanese class. At the time of farewell, she said to me, "I'll miss you!". I felt glad to hear that. I want to meet them someday!!

④The Thing That I Grew Up in Australia

The thing that I grew up is communication ability.

When I tried to speak in English, I was nervous and quiet, and I couldn't make English well. But, since I went to Australia, I became able to speak positively. Through this experience, I learned to talk with people from different cultures. I decided to talk with more foreign people!!



About my host family

My host family two people. Mother and her son. Host mother is very kind and funny for me. Her job is taking care of babies at her home. She said that it is very hard for me to take care of babies, but babies so cute. She likes her jobs. She is good at cooking. She cooked many kinds of cuisines. It's so delicious. Her son was often not at home.

Australian charms

There are a lot of charms in Australia. The most charm is friendly. Australian people are friendly person who don't know. When I visit to market in Fremantle, my host mother talked to clerks. Like they are friends. I surprised at the thing. In Japan, clerks only talk about necessary things. But Australian clerks talk to me a lot. And they kindly answer, if I ask them somethings.

Through homestay and cultural language training

I missed Australia when I leave Australia. The days which I spend in Australia are good memories. I was nervous before I go to Australia. But I did not have to be nervous. I had a good time surrounded by good people. Through homestay, I think that even if the country is different, we are humans. we can communicate and respect each other. I noticed something important. Through cultural language training, I learn Australia has long and deep history same as Japan.

It is interesting for me to learn about Australia. I would like to learn about not only Australia but also other countries in the world. And I would like to talk more with foreigners. I will never forget these experiences. I use these experiences to the future.



[What Has Changed in This Training]

I changed my mind though this training. For example, the number of words that I can be heard in one minute has increased. And I came to think that the Japanese are working too much. Especially, I came to think that Japanese food is delicious.

[Perth City]

Perth's central is on the north side of the Swan River. The Swan River is a river that flows in the southwestern part of Western Australia. This name was given after the black swans. Too big so it looks like a lake. I recommend Fremantle as a tourist spot. Fremantle is a port city in Perth. There is a prison that was used until 1991. But I want you to see its cityscape. Fremantle's cityscape is very beautiful. I was glad to see this cityscape and come to the training.

[Memories in Perth]

*When we went out on a holiday, I met Japanese at a restaurant. She worked there. She was born in Oita. Until then, there were no Japanese people, so we were very relieved.

*When I went to Caversham wildlife park, I saw a Japanese family. I was very surprised because the family was on the same return flight.

*During our stay, a child of homestay family had a 2nd birthday. We gave paper balloons for celebration. It seemed he couldn't sleep. The host mother came up with a sleepy face as evidence.



◆First impression of Australia

First, everything seemed to be much bigger than that in Japan. The roads are wider than Japan's and the houses are bigger than Japan's. Second, I guess Australians tend to go to bed early. I felt like a nighthawk because they had already been sleeping while I was still sitting up. I found that's why Aussies are healthy and look happy. Third, people are friendly. One day, on my way to go home, I was spoken to by one elderly man who had been relaxed in his garden. Absolutely we didn't know each other. But He was very kind and present us the lemons he grew up. I guess that shows the personality of Aussies. By the way, In Australia, vertical relationship isn't as strict as that in Japan. My host mother said "You could just call me Kathy. We often call by first name even to our parents and teachers." It was a culture shock for me. Japanese never do so. But I got used to it and I could feel free to call by their first name.

◆Great memories

Interesting things happened every day. On Wednesday, host mother's son, Riley and his girlfriend, Aber took us to Kings Park to see a nightlight. Because there was a Swan River next to the park, the twinkle in Christal clear water could be seen. Its view was breathtaking! After that, we went to chocolate shop and at home, we enjoyed chocolate churros. I tried a hot chocolate for the first time too. On Friday we visited Butler college. When I got off the bus, one boy came closer and spoke to me "Hello" with a smile. After that I talked with him during the lunch. We talked a lot. Actually, he has been to our school last year. He told me about his stay in Japan. We were excited to share our ideas and experiences. Actually, I used to be shy and I wasn't good at speaking person who I don't know. But I felt like a new person to try to speak to as many students as I could there. After school, grandmother, Maurine came to our house and we met each other for the first time. She was 82 years old and her husband had already passed away. But she is still enjoying her life and loving the life. One Saturday morning, I asked her "What makes you so healthy?" she answered "Doing by myself, have a chat with many people like now, I'm talking with you. And most important thing is doing what we love. Surely doing nothing isn't hard and elderly people tend to do so. But it's not interesting at all. It's just waiting until they die. That's why I'm still doing what I love." I found myself lost in our chat. I learned a lot from her.

◆Influence on me

Actually, I was in trouble. I had lost my iPad. Fortunately, my teacher could look for it with me. So, if I am in trouble next time, I want to master English and solve the problem by myself. Through this stay, I learned it's important to enjoy a culture shock and encounter a new set of values. I found the world was much bigger than I thought.



Thank you for unforgettable time.

What we were able to grow

I was troubled in going to Australia because I can't catch up with all by club activities. But I was able to spend very substantial time when I went to Australia. In such a life, I have become to be able to think about things positively. I was able to enjoy the tense interview and presentation first because I want to try club activities hard positively from now on.

Charm of Perth

Charm of Perth that I found is that a person is kind and is friendly. I have taken a wrong bus once. Then the kind bus driver stopped a bus and he taught us which bus we should get on. We who were uneasy were able to feel relieved. In addition, when I interviewed it at a university, I talked only by there having been eyes. I was surprised because I have not had such an experience in Japan. But I was glad.

Great encounter



My host family was two livings of mother and the son. But he was not in several days or the house so it was three people of mother and us on most days. She works as a nursery teacher in a house and she takes care of four children alone every day. She looks very tired every day but she prepared for dinner from the noon of the day and the night of the previous day. On a holiday, she took us with her somewhere by all means and she heard my story kindly and she made us laugh by mimicry and a gesture. Thanks to her I was able to spend great time so I glad to meet her.



★Introduction to Perth

I will tell about the charm of Perth.

* First, Perth is said the most beautiful city in the world. As its name suggests, Perth has a lot of beautiful nature and cute animals.



* Second, the people in Perth were all very kind people. When we are in trouble with a bus, they helped us very kindly. And sometimes, they managed to tell us by using gestures and talking slowly. We were able to get on the correct bus and train.

*Third, all the food was delicious. I wanted to eat more Australian food.



This was one day lunch. It was very good.

The host family were very nice.
They were very kind and very good at speaking Japanese.
Last day we talked with host family in Japanese a little.
Two weeks were my treasure.
I want to go to Australia again and meet our host family.
This is my experience in Perth.

☆First experience for me

I had a lot of experience in Australia, but most of the experience was my first experience. It was the first time to go abroad, but besides that, it was also the first experience of seeing the Indian Ocean, touching wombats, snakes and koalas. Watching emu and quokka in the wild life park is also my first valuable experience.



☆To be surprised

One day, when I was on the bus to go to school, the bus passed by me. On that day, I learned that the bus would not stop unless it was signed. I was very surprised because it was impossible in Japan. I felt anew that foreign countries need self-assertion.

I was also surprised that there was a peacock on our university campus. In Japan, peacocks can only be met at the zoo, so it was very strange to be in the university garden.

☆Memories with my host family

I stayed home with Mr. and Mrs. Hill. At first, I was very worried about what to do if they were scared. But they were very kind and treated us like a family. On the weekend they took us to the Fremantle market, skating and the sea. And on the birthday of their grandchildren, we had a birthday party with us. When I got sick, my host family gave me an orange and worried about my physical condition.

Thanks to them, my life in Australia has become fun and fulfilling. The time spent with them will be an unforgettable memory for me. If I have a chance to go to Australia again, I go to see them!



★Change of my way of thinking

I was not good at talking to people before going to Australia. But when I go there, I feel like I can speak with people. Because my host family talked to me a lot.

☆My recommended place

I went to many interesting places. One of my favorite places is Fremantle. Because I could buy a lot of food and Australian souvenirs that are not in Japan. For example, boomerang, opal and so on. There is another recommended place. It's Wild Life Park. There were many famous animals in Australia. For example, koala, kangaroo, wombat, emu, and so on.

☆About homestay

My host family was Mary and Tony. They were very kind and friendly. We went to Fremantle, went to the sea, skate and went to eat Japanese food on weekends. In Fremantle, we went shopping and ate ice cream. I was surprised that the market was very wide. I ate fish and chips. I couldn't eat it because it was more than I expected. I gave my host family the souvenirs from Japan. It is sensu, yunomi and origami. I was glad that my host family was happy. Occasionally a host family child or grandchildren came home. The host family had many grandchildren. I played with them a lot. In the end I was very good friends with them. My host family made delicious dishes every day. Breakfast was cereal or toast, lunch was sandwiches, and dinner was meaty. The dishes they made were very delicious. But there were times when I wanted to eat Japanese food. So, they took me to a Japanese restaurant. I ate sushi and tempura there. Australian Japanese food was better than I expected. They ate sukiyaki and wagyu beef steak. They were eating them very deliciously.

I would also like to meet my host family if I have the opportunity to go to Australia.



➤Changes that happened in me

The biggest change in my life since I went to Australia training is the way of thinking. For example, I look Australians feel a sense of accomplishment at work! I think I could feel warmth from the Australian people. But I look Japanese are just doing the job. I think Japanese should take a break. By doing so Japanese people can feel a sense of accomplishment!

➤About my host family

My host mother is good at cooking. Her cooking was very delicious every time. I think the most delicious meals is Tuna Pasta Bake!!! She called it Tunamona. This is made of tuna, macaroni, cheese and so on. It was very delicious!!!I want to eat it again. But all meals are delicious too!

➤My friend Casey

I have a friend in Australia. She's name is Casey. We met 2 years ago. When she came to Japan, my family was accepting international students who is her brother! We did fireworks on our hand, made rice cakes, and barbecue. They were very fun for me. Even though two years have passed since then, she remembered me. I was very happy! And I arrived John Forest school in Australia for school exchange. We made a pair at school exchange. And we went to shopping that weekend. I was very enjoyed this time !(^^)!



I could learn a lot!!!

★Change of my way of thinking

Before the training, I was full of anxiety about my English skills and spending overseas. But, from my experience that I was able to live for two weeks abroad. I decided to live in an unknown country. I'm not worried about it, but rather I want to see more of the world I don't know! I came to think so.

☆About my host family

The homestay I was most worried about and looked forward to was blessed with a warm family. there were three children aged 1 year,5 years old and 7 years old drawing playing the piano and setting up mischief. The most memorable one is Ryan's 2nd birthday. He was very pleased with the present from japan. It was interesting to put out the candles on the cake so many times. After that, when I went to see the fireworks. It's a truly unforgettable memory. When I said good bye, I received a letter from my host family. "Until the day I meet again". I do my best to return to Australia again.

☆Funny memories

The charm of Australia I found is that there is a lot of art in the city. Sitting chairs and concrete at the city. Sitting chairs and there were colorful umbrellas hanging between the buildings, making it look like an outdoor museum. Objects and buildings that can be said to be the symbol of the town. I like art and enjoyed just walking around the city.



◎The importance of time to relax

When I asked an Australian person about the Japanese impression, she said “Japanese people are always running. What makes you so hurry?” I was surprised but I thought it might be. Australians were very kind and when I heard something, they stopped working and taught me politely. I think Australians are very good at using their time.

I am busy with studying and club activities every day, but like the Australians, I wanted to cherish the time spent with my family and friends.

◎My host family

My host mother was very kind. She spoke slowly again when I couldn't speak English well. We talked about what happened that day at dinner. I loved that time. I thought about how to communicate well and used gestures and pictures.

The host family brothers also liked the origami we had for souvenirs. I gave them origami clocks and animals as a gift and they said, "Make more!". So I improved origami in two weeks!

◎Nice encounter

I met a lot of nice people and things in Australia. The host mother's nephew girl who played with him several times was unable to speak at first, when we got along, we joked and made me laugh. The girl I met at the local high school was also shy, but when I asked a few questions, he kindly taught me and hugged me when we parted.

Many of the people I met in Australia actively talked to me, but some of them were shy. So, I was very happy when I became friends with them.

Thank you for meeting everyone in these two weeks.

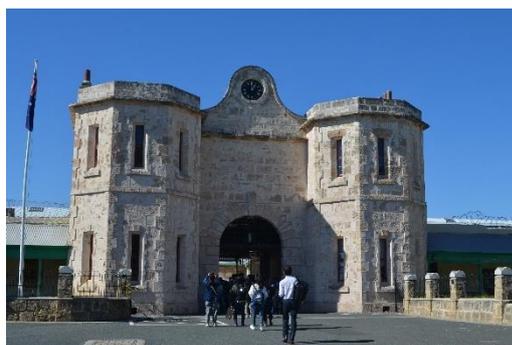


★Change my mind

I think my mind has changed by going to Australia. Because, I been to can do everything. Before going to Australia, I can't something alone. But after going to Australia, I can do everything. Because, I am full of confidence. In Australia don't tell Japanese. But It is easy to tell Japanese in Japan!!!!

☆About my host family

My host family is very kind. Kathy is my host mother. She is very busy because she works at school and call center. So sometimes she didn't come home. At that time, Kathy's mother come. Her name is Morley. She is very kindly and calm person. She told about lot of things with us. That is very funny. Riley is our host brother. He is well versed in Electronics. He took me to various places. That was very fun. There were two pets. Chilly and Lilley. Chilly is a cat and Lilley is a dog. They are very cute. Chilly often got on my lap and she has pressed her head into my hand. The gesture was very cute.



☆My recommendation in Australia

I found some recommended places in Australia. I am going to introduce some of that. One of the recommended places in Australia is London Court. There is shopping court. There is very beautiful because many colorful umbrellas were hanging. London court is in Perth. Two is Fremantle. There are many famous places. For example, Fremantle Prison, Fremantle Markets and so on. So, if you go to Fremantle, you can go to many famous places.

★I thought about Australia

I experienced many things in Australia. So, I was many feel. Before going to Australia, I thought foreign countries are scared. But That is not. After going to Australia, I think foreign countries are not scared. Of course, there are dangerous places overseas. But foreign people are very kind. I learned about that in Australia. If you want to go to foreign countries, you should go to there. Because you learn many things and you can to believe in oneself. If you go to foreign country, let's go to Australia!

* Importance of action

I learned the importance of being independent. I have two reason. First reason is younger than me were adults. When I went to Australian school. It was many times that I talk with Australian student. At that time, everyone had personal opinions. From there Japanese people tend to be humble, but I learned that it is important to communicate more and more.,

Second, I was too dependent on my parents. All my housework was left to my parents while I was in Japan. But, When I stayed home, housework was going on my own. So, I found that housework was hard and I thought I would go back to Japan to help with housework.

I think that I was able to grow more because of these.

* Australian attractions

I think the biggest attraction is that Australians are kind to everyone. There were a lot of things I didn't understand in Australia. So, I often asked local people. But, none of them asked me a bad face. On the contrary, there were things that told me from there. I was impressed in Japan because it was not as kind as Australia. I also studied and tried to be kind to many people. Also, I thought it would be nice to have a stylish cityscape. There are lots of places to show Instagram like the middle photo below. I was excited every time I saw it

* My host family

My host family had one mother and two children. And we had time to talk with our children`s cousins. I went to roller skate together on holidays. I was surprised there. It`s about playing with friends who don`t know their cousin. They played with friends so much that I couldn't imagine meeting them for the first time. I have a shy part, so I decided to follow. I was also shocked by the culture. Because the amount of food was very big. I was hard to eat but the food was very good. I want to thank my host mother for making delicious meals every time.



↑ Host mother`s meal



↑ At Perth



↑ Host family`s dog

☆What is Perth

Perth is located in Western Australia and is called “the most beautiful city in the world”. Train and bus are the main public transport, so I often used them to go to school and to go out with my friends. Perth has a big river named Swan River. It and buildings which have orange roofs was nice view. I’ve never seen such a beautiful view. I could go to the city beach in 20 minutes on foot from my house. The sea looked like the Okinawa’s sea and the water was clear blue. It was great.

☆Change of my mind

The first day of homestay, my host mother said to me, “Are you shy?” I was surprised because that’s right. Aussie people are very friendly, so even strangers talked to me. For example, first, on my way home, a girl riding the car said to me, “Have a good day!” I could say nothing because of surprising. I wanted say something to her like “You too!” Second, two men said to me, “Hello! How are you?” I answered, “Fine, thank you.” I think this is magical phrase. It’s because it can be used when like this or clerks welcome passengers. Anyone can talk to strangers with this phrase.

☆The funny story

At John Forrest Secondary College, I taught a student the most difficult kanji. In return for it, he taught me the longest English word. You must be surprised. It is Hippopotomonstrosesquipedaliophobia. It’s too long, isn’t it? I laughed and was surprised very much.

I faced many problems during the tour, but it was a lot of fun!! These 16 days memories became one of my lifetime memories.



★Australia known for overseas training

Before going to Australia, I thought Australian people are cold and difficult to talk. But it was different. Because she met me warmly when I met my host mother. This changed the impression of the Australian I thought.

☆My favorite host family

My host family was one person. She is a mother. She met me very warmly when I first met my host mother. So, I was relieved. Next is about daily life. The host mother made me three meals. I was particularly impressed with dinner. The host mother was very good at cooking, so a restaurant-like meal came out. It was so delicious. And there was my birthday during overseas training. My host mother celebrated my birthday. My host mother gave me a hand cream as a birthday present. I was very happy. And it was an unforgettable experience.

☆Surprised experience

I had a hard time with my friends. Because I got lost on the bus on my way home with my friend. We were in trouble. Because I was on an Australian bus in the dark and I did not know what to do. But the people on the bus and the driver told us where the host mother was. I was impressed by the kindness of Australian people.

☆My Australians friends

I made an Australian friend when I was in Australia. I made older and younger friends than me. They talked to me a lot when I first met them. I thought Australian students were friendly. And I also exchanged contacts with them. I still contact almost every day. I thought it was a very valuable experience because it is hard to experience making good friends in Australia.



☆Be careful!!

Australia bus is different from Japan. It doesn't have announcements. So, I must not sleep, look smartphone, and ride in the dark. And, bus stop has only numbers. I concentrated it. But when the bus that we ride is turn, the numbers change drastically. So, I was very nervous.

But bus driver was very kind! When we got on, they said "Hello!" "Hi, lady!" and always smile. Sometimes, they talked customer. So very happy in the bus!

☆About my host family

My host family are a woman and two cats. The host mother was very kind. I don't speak English well. Above all "L" "R" "W" is bad. Then, she taught me politely. And she volunteering once a week. It was walking with a dog that its owner too old to walk together. We followed her. So, we worked around the park and the river with the dog. Then, I met many people and animals. And she taught us trees and birds name. So, this walking was substantial time! Further, dinner was made by her is vary delicious!



☆My perception

When I was in Japan, I thought that I don't grow up my English skill, and communicate with people. And I was afraid to speak with people. But people around the world was very kind. If I didn't understand, they told me how to compare. They tried to understand even if it took time. They taught me things I didn't understand one by one. So I thought that I want to be able to communicate with people more properly. And again, it seemed fun to learn history and culture. I think that try to study more sand more. So it was very good for me to go to Australia. It was best experience for me.



★Change of my way of thinking

This overseas training was my first overseas trip in my life. So, I was very nervous. The first day was in trouble because I didn't know what to do. But, the Australians were very kind and helped me. So, I became relaxed and I wanted to try more things on my own. I understand that it is important to take on challenges in this overseas training before going to overseas training.

☆About my host family

My host family was very kind and interesting. The host family's house was very large and clean, so I was able to spend two weeks with peace of mind. The food of my host family is very delicious and I have never eaten in Japan. He gave me a lot. My host family was so kind and helped me in trouble, so I was able to enjoy the overseas training very much. So, I missed the last day.

☆funny memories

I visited many places in this overseas training. The most memorable thing is that I went to the zoo. Australian zoos were very close to each other, unlike Japan. So, I was able to touch koalas and kangaroos. I also enjoyed interacting with many other animals. Besides this zoo I went to a hamburger shop with my friends, spoke hard English that I wasn't used to, and made friends with local students. It was a very good memory.



★Becoming to like English

I didn't like English until I went to Australia. But when I communicated with Australian people, I thought that I want to be able to speak English fluently. And then I thought that it is good to speak English in my life. When I went back to Japan, I missed Australia and speaking English in my life. I enjoy learning English after this Australian Culture and English Study Tour. I want to speak English fluently when I will go to Perth again someday...

☆About my host family

My host mother's name is Sue Turner. She lives with two cats. The one's name is Pip. The other's name is Pudding. Ms. Sue is strict, but she is very kind. She taught English pronunciations. For example, r and l, w, th, and so on. And she did her best for us to spend good time in Australia. The dinner she made was very delicious! I couldn't wait for dinner as soon as I got up. I love her. I want to meet her again.

☆funny memories

The happiest memory in Australia is to go to Rottnest island. I had wanted to go to Rottnest island since I stayed in Japan. I wanted to see Quokkas which are called the happiest animal in the world. They are very cute, and I love them. And there is very beautiful ocean! I love this island. I love my host mother. She came from the U.K. I became to like English in this study tour. I think this is because I can't speak English well, but I tried to speak English. To try that is very important to become to be able to speak English well. I had a very good time...



○ About my host family

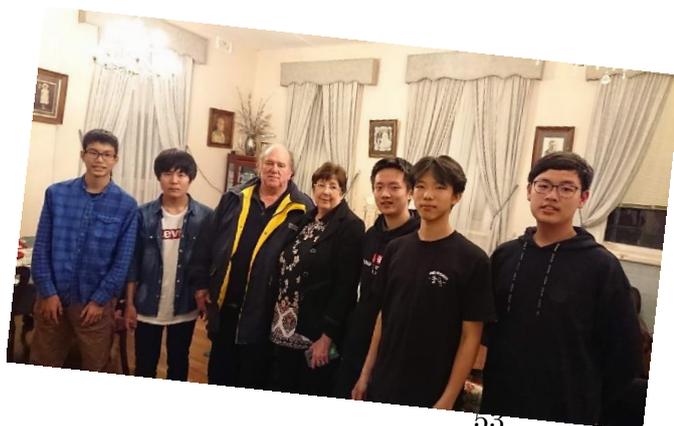
My host father is a funny man. He always tells jokes to make us smile. My host mother is good at cooking. There were three Chinese students at the host family's house, and they can speak English very fluently. They didn't know how to play playing cards so we played with it together while teaching. In return, we were taught billiards by them. That was very fun!

○ My new discovery

It was the first time I used so much English. I spoke to a foreigner for the first time at the Hong Kong Airport. I said "Can I pay in Japanese yen?" It was very simple English, but I was happy that my English was understood. In Australia, you can't communicate without English. That is something you can never experience in Japan. By speaking English, you can communicate with foreigners. By communication, you can feel cultural differences. I think that is important for living in a global society. I still communicate with foreigners through the internet because I realized it's fun to communicate in English.

○ Change of my mind

There were various discoveries through this program. One of them is that if you have any questions, you can ask someone without hesitation. There were many things I didn't know in Australia, so I had to ask someone. As a result of asking, everyone kindly answered. Japanese people don't actively ask questions even if they don't understand. That's a waste. Through this program, I became more positive than before.



Butler College との学校交流



ホールにて歓迎式



Butler College バリー校長と加嶋校長



アボリジニの生徒による歓迎会



協同学習の様子



部活動に関するプレゼンテーション



体験授業の様子 (テレビ収録)

John Forrest Secondary School との学校交流



オーストラリアンフットボール体験



休み時間の様子



Kahoot を利用したクイズ大会



休憩時間の軽食



日本の伝統文化に関するプレゼンテーション



仲良く記念撮影

フィールドトリップの様子



フリーマントル周辺の散策



カンガルーに餌やり体験



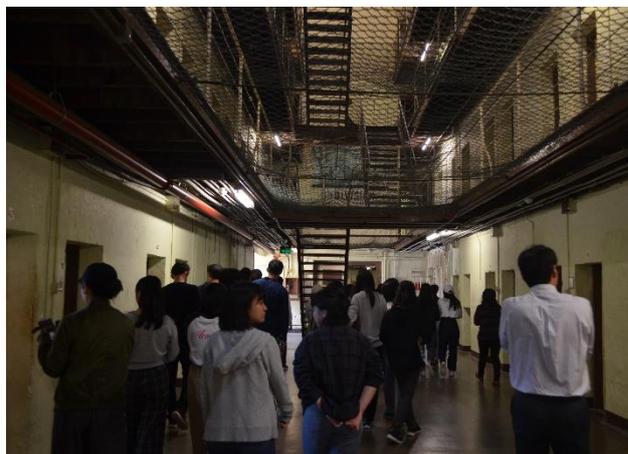
長いヘビと記念撮影



アボリジニーの方による Kings Park 案内



フリーマントル刑務所（世界遺産）のツアー



フリーマントル刑務所の内部

研修中の様子①



Kings Park にて昼食



CELT にてリラックス



一緒に折り紙体験



UWA にてインタビュー活動



CELT 前にて記念撮影



屋外での立食パーティー

研修中の様子②



Kings Park にて記念撮影



卓球を通しての交流



Graduation Ceremony 後の様子



昼食の様子



科学研修授業の様子



フリーマントルの海辺にて

Perthの懐かしい景色



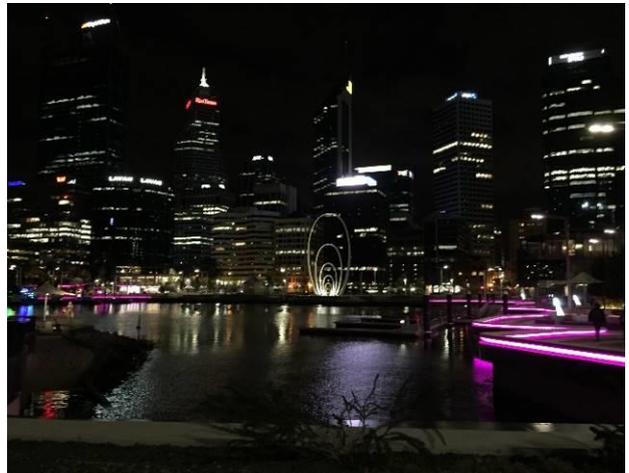
CELTに最寄りのバス停



授業中の CELT のキャンパスの外観



フリーマントルの高台からの眺め
(黄色のラインは街を使ったアート)



Elizabeth Quay の夜景



Kings Park からの眺め



Perth 駅近くの様子

Perth の Cuisine



オーストラリア料理 (カンガルーステーキ)



オーストラリア料理 (お肉の詰め合わせ)



ラーメン屋のメニュー



フリーマントル内市場にあるベネズエラ料理屋台



サハラ料理 (羊の肉とカレー風味のライス)



ベネズエラ料理 (カチャパ)

集合写真



SSH 科学研修組 (UWA 研究室にて)



SSH 科学研修組と Roger 先生



文化・語学研修組 (フリーマントル刑務所にて)



SSH 科学研修組 無事に帰国



文化・語学研修組 (John Forrest にて)



文化・語学研修組 修了式



発行：兵庫県立三田祥雲館高等学校
国際交流協会

令和元年11月30日

