

# Don't Let Your Guard Down, Take Caution to Prevent Resurgence!

The COVID-19 State of Emergency for Hyogo Prefecture will be lifted on September 30. However, the new case counts and the hospital bed occupancy rate remain high at the Stage III level (the level for pre-emergency measures) as defined by the national government. We must take extreme caution to prevent the resurgence of infections.

Do not let your guard down and continue to take thorough measures to contain the infections.

## 1. Thoroughly implement basic infection prevention measures

- Thoroughly implement basic infection prevention measures, such as wearing face masks (non-woven masks are recommended), washing or disinfecting your hands, and ventilating rooms. Those with symptoms such as fever are strongly requested to refrain from going to work or school.
- Thoroughly implement infection prevention measures at home, such as washing or disinfecting your hands and ventilating rooms upon returning home and managing the health of family members.
- Take cautious actions and thorough infection prevention measures, such as wearing face masks, when going to common areas at the workplace or school, including cafeterias, restrooms, changing rooms, smoking rooms, and school club rooms.

## 2. Avoid risky behavior

- Avoid unnecessary and non-urgent travels to areas where a surge in infections is observed.
- Do not visit eating and drinking establishments that (1) do not follow our request to shorten business hours, (2) serve alcohol, (3) provide karaoke services, or (4) do not take thorough infection prevention measures.
- Be sure to wear face masks during conversations when dining out.
- Facilities that attract many visitors are requested to avoid the Three Cs by organizing visitors.
- Do not dine in groups, hold house parties, or drink alcohol on the streets or in the parks

## 3. Get vaccinated

- It is important for more people, especially the younger generation, to get vaccinated in order to stop the pandemic. Vaccination will prevent the onset of COVID-19 symptoms. Be careful not to be swayed by false rumors or incorrect information and get vaccinated.
- Continue to take basic infection prevention measures, such as wearing face masks, ventilating rooms, disinfecting your hands, and avoiding the Three Cs, even after vaccination.